



# Green Beans and The Lima Bean Monster



## First Grade

### Objectives:

- \* Students will discuss elements that are important for plants to grow.
- \* Students will listen to the story and tell how the monster grew.
- \* Students will color and label green bean plant.

### Material:

- \* "The Lima Bean Monster" by Dan Yaccarino
- \* Activity Sheet Green Beans
- \* Food Pyramid Chart

### Lesson:

**Ask:** What kinds of vegetables are good for them?

**Ask:** Who likes lima beans and string beans?

**Ask:** Where would you find beans on the Food Pyramid?

**Show:** Have students show where located on the pyramid, then tell why.

**Tell:** Green beans are very good for our bodies because they are filled with fiber and water and very low in calories.

### Read Story:

- \* Share book cover.
- \* Have students tell what they think the story is about.
- \* Read part of the story, then ask students what plants need to grow.
- \* Continue reading, then ask what they predict will happen.

### Activity:

Have students complete the activity sheet.

### TREAT:

Share a Bean treat !!! "Bean dip with chips sounds good"

# Green Beans Color and Label the Parts

Name \_\_\_\_\_

Room# \_\_\_\_\_

